

Enriching Women

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Step Out Of The Traffic!

On today's crowded highways, the inevitable rush that goes with 'rush hour traffic' is a misnomer on I 75 passing through Atlanta GA, George Washington Bridge NYC or the M25 orbital road surrounding the city of London, England. At certain times, there is no 'rush' whatsoever as vehicles move inch by inch towards the exit that will take them to their desired destination. In the midst of this, there will be one driver that is compelled to remove themselves from this confinement and will jostle and manoeuvre in order to 'step out of the traffic'!

Not so in Moscow! The Russian capital is blighted by traffic jams, but when their cars grind to a halt, the commuters get creative. Some like to write poetry, others knit socks and shawls; one guy even found his future wife! It sparks creativity and thought through a 2+ hour gridlock.

"Step out of the traffic! Take a long, loving look at Me, your High God, above politics, above everything"
Psalm 46:10 (The MSG)

If only we could use times like that to mentally 'step out of the traffic'. Utilise the wait and take a long considered moment to be still. To absorb the knowledge that I AM is universally and eternally in control over the dealings of men. Our anxious thoughts or frustrations are a treadmill of monotonous and wearisome routine with little or no satisfactory progress.

When 'rush hour' times of our life hem us in with thoughts of relentless demands, let us remove ourselves, create space in our mind to be still and focus on Jesus. He regularly stepped out of the traffic to draw on the life sap of God. Affectionately, Judith