

# Enriching Women Enriching Women



## *A Cool Drink...aah!*

*The living organ named 'skin' has a reservoir from which other organs draw water; an essential element for life. Skin cells require a refreshing 'drink' each day for continuous hydration resulting in wonderful plump cells. In turn, they collectively reward us with a youthful glow! This alone should inspire us to commence or continue a regular routine of caring for this vital organ.*

*I have just finished a 7 week trip to the USA, mainly in the hotter southern states. Reaching for the water bottle is a regular necessity. After our ministry work time of 5 weeks, we spent a refreshing holiday time with our family. A scorching hot day in Disney World with our granddaughter caused us to pursue and seek out a refreshing, cool drink... water fountains, aah! Such a great invention, thank you Messrs Halsey and Taylor!*

*'Reliable friends who do what they say are like cool drinks in sweltering heat - refreshing' (Proverbs 25:13 The Message)*

*FRIENDS, the popular American sitcom identified a global thirst for revitalising and reliable friendships. In the absence of family, the six friends craved togetherness so much that in each other they found new surrogate family members. The idea of a lifestyle which creates and sustains relationships between friends was evidently appealing; 51.1M American people viewed the final episode.*

*'A small fertile or green area in a desert region, usually having a spring or well serving as a refuge, relief, or pleasant change from what is usual, annoying, difficult, etc.' This is an oasis. It hydrates and irrigates. Reliable friends are an oasis of calm in an otherwise hectic or difficult time of life. Let's be more than a 'face book friend' and offer a 'cool drink' in the heat of living.*

*Affectionately, Judith*